

# ENV<sup>HEI</sup>



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# STORYTELLING SHOWCASE EVENTS

## Learning Journey

### Winter School Posters

Sofía Pavón Fernández (Student)



universidad  
de león



Montanuniversität  
Leoben



AALBORG  
UNIVERSITET



Silesian University  
of Technology

# My story!

## Winter School

# ENVH EI

Leoben, February 2026

### My background

I am 21 years old and I am in the last year of Electrical Engineering degree in the University of León



Sofía Pavón Fernández

### Problem-Solving and Soft Skills



It was an experience to have to investigate about a topic that I had no idea about and besides make it sustainable



They were really hard working and have helped me to be eager to work on this new project



It has made me conscious about the importance of distributing tasks in order to a project to be successful

### Sustainability Awareness and Green Competences



Rethink the products to have a bigger lifespan, be multiuse and have the capacity of recycle the materials












It is a whole motivation to try to make everything as respectful as possible without compromising the future of our planet












It has made me more aware about the importance of taking into account the concept of sustainability, since as an engineering student sometimes we just focus on efficiency and technical issues

## Problem-Solving and Soft Skills

-  What **new problem-solving skills** have you developed during the activities?
-  How has your **ability to analyze complex problems** improved?
-  Can you give an **example of an innovative solution** you proposed?
-  What have you **learned about working in interdisciplinary teams**?
-  How has **your role** in group work changed or improved?
-  What **strategies did you use** to share ideas effectively?
-  How did you **handle disagreements or conflicts** within the team?
-  What did you **learn from your teammates'** perspectives or disciplines?
-  How did you take **responsibility within your group project**?

## Sustainability Awareness and Green Competences

-  What does **environmental sustainability** mean to you now?
-  How has **your attitude toward sustainability** changed?
-  Do you think **sustainability** should be part of all university curricula? Why?
-  How important are **sustainability competences for your future career**?
-  What **motivates you** to promote sustainability professionally or personally?
-  What **sustainability challenges** can you now identify in **your field**?
-  What **actions can you propose to reduce environmental impacts** in projects?
-  Describe a **sustainable solution** you helped develop.
-  How has **collaboration** influenced your approach to sustainability?