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STORYTELLING SHOWCASE EVENTS

Learning Journey

Winter School Posters

Julia Roch (Student - online)



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AALBORG
UNIVERSITET



Silesian University
of Technology

My story!

Winter School

Leoben, February 2026

ENVH E I

My background

Hi! I'm Julia and I'm 25 years old.
I have a 6-year full degree in Architecture at the Silesian University of Technology and am currently attending a postgraduate course in Interior Design.



Julia Roch

Problem-Solving and Soft Skills



I believe innovation is not only about new technologies, but also modern solutions to old problems. That's why I suggested colour-coding our invention, so that, for example, visually impaired individuals can use it easily.



I learned that interdisciplinary teams can be very fun and inspiring! Having many different points of view is very valuable when it comes to brainstorming, but also during looking for optimal solutions.



My main strategy in communication is always honesty, but since I enjoy drawing and sketching, I also tried presenting my ideas visually.



Sustainability Awareness and Green Competences



I think sustainability should indeed be part of all university curricula; in this day and age, it's crucial to realise the impact we are having on the environment and how the world is changing every day. I think it's as basic a competence as learning languages is, and it is a part of every curriculum.



Sustainability competences are very important in architecture, because the exploitation of buildings is one of the main factors in environmental change. Being aware of the impact of architecture is key.



I was able to dive deeper into why sustainable building materials can be hard to source or finance. I will keep my eye on the processes now!



Problem-Solving and Soft Skills

-  What **new problem-solving skills** have you developed during the activities?
-  How has your **ability to analyze complex problems** improved?
-  Can you give an **example of an innovative solution** you proposed?
-  What have you **learned about working in interdisciplinary teams**?
-  How has **your role** in group work changed or improved?
-  What **strategies did you use** to share ideas effectively?
-  How did you **handle disagreements or conflicts** within the team?
-  What did you **learn from your teammates'** perspectives or disciplines?
-  How did you take **responsibility within your group project**?

Sustainability Awareness and Green Competences

-  What does **environmental sustainability** mean to you now?
-  How has **your attitude toward sustainability** changed?
-  Do you think **sustainability** should be part of all university curricula? Why?
-  How important are **sustainability competences for your future career**?
-  **What motivates you** to promote sustainability professionally or personally?
-  What **sustainability challenges** can you now identify **in your field**?
-  What **actions can you propose to reduce environmental impacts** in projects?
-  Describe a **sustainable solution you helped develop**.
-  How has **collaboration influenced your approach to sustainability**?