

ENV^{HEI}



Co-funded by
the European Union

Erasmus+
Enriching lives, opening minds.

STORYTELLING SHOWCASE EVENTS

Learning Journey

Winter School Posters

Lucía González González (Student)



universidad
de león



Montanuniversität
Leoben



AALBORG
UNIVERSITET



Silesian University
of Technology

My story!

Winter School

ENVH EI

Leoben, February 2026

My background

I am a 21-year-old girl from Asturias, but studying Environmental Sciences in León. I have always been around nature, and the last few years before going to university I felt the need to make a change in our planet.



universidad de león



Lucía González

Problem-Solving and Soft Skills

: We have always respected each other's turns when we wanted to give our opinions, and when we could not decide, we would choose by majority.

: As we are in different degrees, everyone stands out in their fields, managing different skills, programs, knowledge...

: I have learnt that everyone has their own background and culture, which will determine how they act and manage in group projects, and that you always need to be patient because you do not know what can be happening in others' lives.










Sustainability Awareness and Green Competences

: I think sustainability should be implemented in higher education curricula because it is not something you can 'choose' or 'prefer', it is something that is always there in the most basic aspects of our lives.










: Knowing the life cycle of the products would help design them more efficiently, and also how to manage them after their use.

: People do not realise how important it is to implement sustainability, and just thinking about our planet (not just the beauty of it but also because it provides us with everything) makes me want to contribute in my own small way!

Problem-Solving and Soft Skills

-  What **new problem-solving skills** have you developed during the activities?
-  How has your **ability to analyze complex problems** improved?
-  Can you give an **example of an innovative solution** you proposed?
-  What have you **learned about working in interdisciplinary teams**?
-  How has **your role** in group work changed or improved?
-  What **strategies did you use** to share ideas effectively?
-  How did you **handle disagreements or conflicts** within the team?
-  What did you **learn from your teammates'** perspectives or disciplines?
-  How did you take **responsibility within your group project**?

Sustainability Awareness and Green Competences

-  What does **environmental sustainability** mean to you now?
-  How has **your attitude toward sustainability** changed?
-  Do you think **sustainability** should be part of all university curricula? Why?
-  How important are **sustainability competences** for your future career?
-  What **motivates you** to promote sustainability professionally or personally?
-  What **sustainability challenges** can you now identify in your field?
-  What **actions can you propose** to reduce environmental impacts in projects?
-  Describe a **sustainable solution** you helped develop.
-  How has **collaboration** influenced your approach to sustainability?